



Hospice Brazos Valley

Comfort is our Specialty. Trust is our Promise.™

Bryan | Brenham | La Grange | Inpatient Facility

Grief Support Suggested Reading & Websites

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| General Adults: | <i>Comfort for Grieving Hearts</i> by Gary Roe <i>Please Be Patient, I'm Grieving</i> by Gary Roe <i>Understanding your Grief</i> by Alan Wolfelt |
| Loss of a Spouse: | <i>Heartbroken</i> by Gary Roe <i>Widow</i> by Lynn Caine |
| Loss of a Child: | <i>Shattered</i> by Gary Roe <i>Healing a Parent's Grieving Heart</i> by Alan Wolfelt |
| Loss by Suicide: | <i>Understanding Your Suicide Grief</i> by Alan Wolfelt |
| Children's Grief: | <i>Talking about Death: A Dialogue between Parent and Child</i> by Earl Grollman <i>When my Dad Died</i> and <i>When my Mom Died</i> by Janice Hammond |
| Teen Grief: | <i>Teen Grief</i> by Gary Roe <i>Healing Your Grieving Heart for Teens</i> by Alan Wolfelt |

Suggested Websites

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| General Adults: | https://www.garyroe.com/ www.centerforloss.com |
| Loss of a Spouse: | https://www.garyroe.com/ |
| Loss of a Child: | www.compassionatefriends.org |
| Loss by Suicide: | www.centerforloss.com |
| Children's Grief: | https://sesamestreetincommunities.org/topics/grief/ , 1-6 https://www.dougy.org/grief-resources/help-for-kids/ , all ages |
| Teen Grief: | https://www.dougy.org/grief-resources/help-for-kids/ |

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